



# Step Up Training and Care

From Training to Caring, we deliver excellence

Qualification Name	<b>Level 2 Award in Introduction to Mental Health Awareness (RQF)</b>
Qualification achieved	Highfield Level 2 Award in Introduction to Mental Health Awareness (RQF) 603/5164/0

## Qualification Structure

You will be assigned a personal assessor who will help guide you through the learning criteria for this qualification, delivered as a distance learning qualification. Final assessment is via a multiple-choice exam which is graded as pass/fail.

This qualification is assessed by multiple-choice examination, externally set and marked by Highfield Qualifications. Learners must complete 15 questions within 30 minutes. Successful learners will have to demonstrate knowledge and understanding across the qualification syllabus and achieve a pass mark of 60% (9/15)

## Qualification Duration

The total qualification duration for this course is 5 hours. We recommend 4 guided learning hours.

## Costs

This course is £90  
50% is payable at point of enrolment with the remaining 50% payable upon completion of the qualification.

## Who can enrol for this course?

Must be age 16+.

## Entry requirements

There are no specific entry requirements however learners should have a minimum of level 1 in literacy and numeracy or equivalent.

## Who is this qualification suitable for?

This qualification is designed for

- Adult care worker
- Healthcare assistant/support worker
- Personal assistant
- Health care worker just beginning their career in a related subject
- Anyone who wishes to develop learning and knowledge regarding mental health
- Anyone working in a field where mental Health knowledge would be useful

The objective of this qualification is to prepare learners to progress to a qualification in another subject area and/or to give learners personal growth and engagement in learning, specifically in relation to understanding the basic principles of mental health.

This qualification can be taken by learners preparing to enter employment or by those who are already in employment and wish to develop their knowledge of mental health.

#### **Certification**

Upon successful completion of this qualification, you will be issued with a hard copy of your certificate.

#### **Enrolment**

Full details of how to enrol on this qualification can be found on our website, under the section Enrolment.

#### **Module Content**

Learners must achieve 1 mandatory unit.

- 1.Introduction to mental health, mental ill health and wellbeing